



Sidney North Saanich Yacht Club sponsors several types of sailing education.

*These include:*

Our very popular **SUMMER SAILING SCHOOL** - run under the CANSail program guides. This program is available to both members and non members. Details, costs and times are given below

**THE SCHOOL SAILING LEAGUE** Students in Grades 6-12 from Parkland Secondary, Stelly's Secondary, North Saanich Middle School and Bayside Middle School form school sailing teams and learn to sail and enjoy friendly competition. No previous sailing experience is necessary and instruction is provided by CANSail certified coaches. The teams sail the club's Opti's, 420's, and Flying Juniors, after school two days a week, and half a day on Saturday. The Spring Session runs April - June, and the Fall Session runs September - November.

*For more information and registration on the School Sailing League, please contact Christine Bennett at [cbennett@sd63.bc.ca](mailto:cbennett@sd63.bc.ca)*

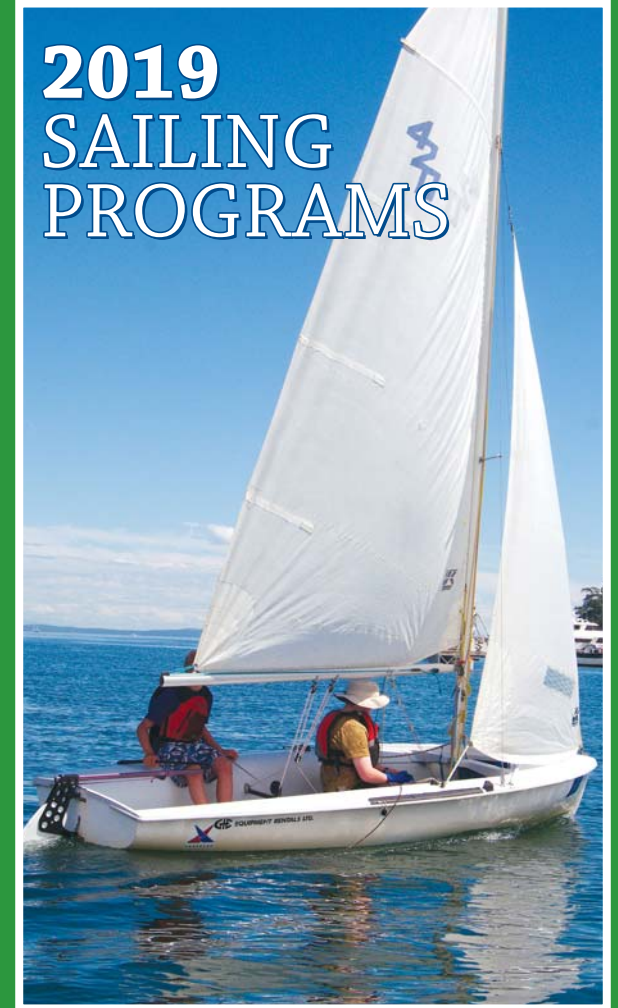
**ADULT LESSONS** Private or group lessons may be booked for adults. Lessons may be done in dinghies or on SNSYC's Martin 242 or Capri. For further information and booking details please contact [manager@snsyc.ca](mailto:manager@snsyc.ca)

### SNSYC JUNIOR MEMBER PROGRAM

The SNSYC Junior Program provides youth with access to supervised fun sailing, the opportunity to register and compete in regattas, as well as building lasting friendships and improved seamanship. Junior members also receive a 10% discount on all summer sailing courses



## 2019 SAILING PROGRAMS



## Sidney North Saanich Yacht Club

1949 Marina Way  
North Saanich, BC  
250-656-4600  
[manager@snsyc.ca](mailto:manager@snsyc.ca)

[snsyc.ca](http://snsyc.ca)

# CANSAIL PROGRAMS

## OPTI BASIC (AGES 7-11)

**LEVEL 1:** A CANSail accredited introduction to sailing an Optimist Dinghy. With two sailors per boat, children learn the fundamentals of sailing in a comfortable and fun environment. Focus on balance, steering, and making the boat move using the sail! Many games and activities for new sailors and those with limited sailing experience!

## OPTI ADVANCED

**LEVEL 2:** (*Pre-req: Opti Basic*) A CANSail accredited course for advanced Optimist sailing. Children learn to sail by themselves! Young sailors become more independent and they continue to develop Opti Basic sailing skills while more advanced skills are gradually introduced, further building on the fundamentals of sailing. Fun activities and games help to solidify new skills!

## CANSAIL BASIC (AGES 10+ YEARS)

**LEVELS 1 & 2:** An introductory course for new sailors or those with limited sailing experience. The course focuses on safety, balance, steering, sail trim, and seamanship. Beginner sailors will learn the fundamentals of sailing and how to work as a team with two sailors per boat. Activities and games are a big part of learning physical literacy for sailors! Sailed in club FJs and 420s.

## CANSAIL ADVANCED

**LEVELS 3 & 4:** (*Pre-req: CANSail Basic or Opti Fast*) Sailors build on existing skills, working towards proficiency in a variety of conditions and situations. Sailors are introduced to advanced boat handling and beginner racing skills and rules. Sailors learn how to read the wind and waves, think tactically, and employ sportsmanship through on water games and activities. Sailed in club FJs and 420s.

## OPTI BASIC (OB)

OB 1: July 1 - 5  
OB 1: July 8 - 12  
OB 1: July 15 - 19  
OB 1: July 22 - 26  
OB 1: July 29 - August 2  
OB 1: August 5 - 9  
OB 1: August 12 - 16  
OB 1: August 19 - 23

## OPTI ADVANCED (OA)

OB 1: July 1 - 5  
OB 1: July 8 - 12  
OB 1: July 15 - 19  
OB 1: July 22 - 26  
OB 1: July 29 - August 2  
OB 1: August 5 - 9  
OB 1: August 12 - 16  
OB 1: August 19 - 23

## CANSAIL BASIC

CSB 1: July 1 - 12  
CSB 2: July 15 - 26  
CSB 3: July 29 - August 9  
CSB 4: August 12 - 23

## CANSAIL ADVANCED

CSA 1: July 1 - 12  
CSA 2: July 15 - 26  
CSA 3: July 29 - August 9  
CSA 4: August 12 - 23

**\$290**

**9am-4pm Mon-Fri**

# SUMMER SAILING SCHOOL

REGISTRATION FOR  
SUMMER SAILING SCHOOL:

Registration forms can be downloaded from the club's webpage- simply go to [snsyc.ca](http://snsyc.ca), find the 'School' tab and follow instructions there. Forms are also available at the club.

Drop off the completed  
registration form and payment at:

**SNSYC**

**1949 Marine Way, North Saanich, BC**

*or Mail to:*

**Club Manager, SNSYC**

**PO Box 2521**

**Sidney, BC V8L 4B9**

*All courses are subject to a minimum enrollment. If placed on a waitlist, interest in enrollment is assumed. Should a vacancy arise, automatic enrollment in the course will take place. Please see the registration form for the cancellation policy*

**SNSYC MEMBERSHIP  
IS NOT REQUIRED.  
EVERYONE IS WELCOME!**

Courses are eligible for the Children's Fitness Tax Credit. All instructors are Sail Canada certified. SNSYC reserves the right to reassign sailors at the discretion of the instructor

