



Sidney North Saanich Yacht Club sponsors several types of sailing education.

These include:

Our very popular **SUMMER SAILING SCHOOL** - run under the CANSail program guides. This program is available to both members and non members. Details, costs and times are given below.

THE SCHOOL SAILING LEAGUE Students in Grades 6-12 from Parkland Secondary, Stelly's Secondary, North Saanich Middle School and Bayside Middle School form school sailing teams and learn to sail and enjoy friendly competition. No previous sailing experience is necessary and instruction is provided by CANSail certified coaches. The teams sail the club's Opti's, 420's, and Flying Juniors, after school two days a week, and half a day on Saturday. The Spring Session runs April – June, and the Fall Session runs September – November.

For more information and registration on the School Sailing League, please contact Christine Bennett at cbennett@sd63.bc.ca

ADULT LESSONS Private or group lessons may be booked for adults. Lessons may be done in dinghies or on SNSYC's Capri.

For further information and booking details please contact manager@snsyc.ca

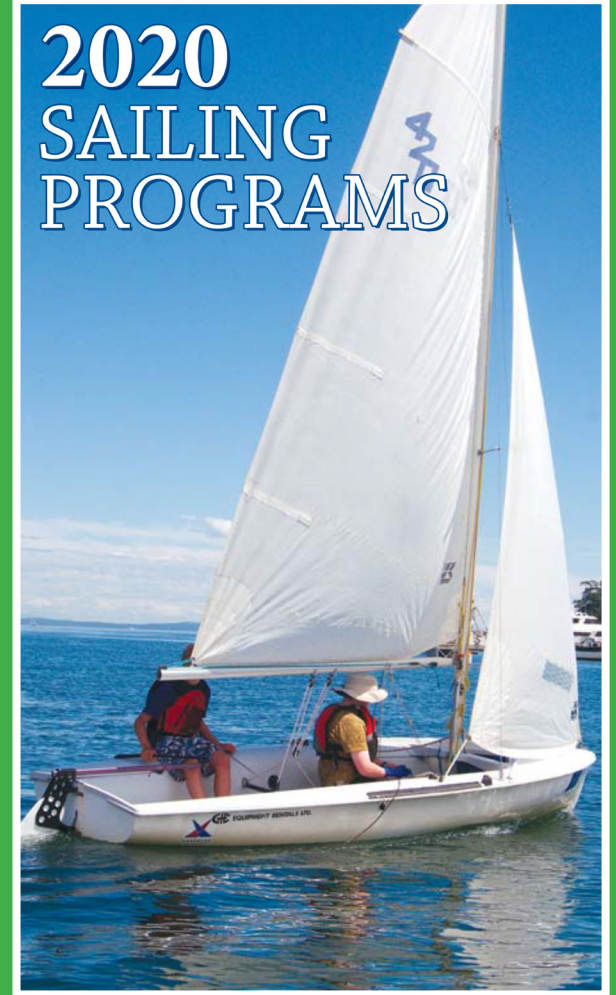
SNSYC JUNIOR MEMBER PROGRAM

The SNSYC Junior Program provides youth with access to supervised fun sailing, the opportunity to register and compete in regattas, as well as building lasting friendships and improved seamanship.

Junior members also receive a 10% discount on all summer sailing courses



**2020
SAILING
PROGRAMS**



**Sidney
North Saanich
Yacht Club**

1949 Marina Way
North Saanich, BC
250-656-4600
manager@snsyc.ca

snsyc.ca

CANSAIL PROGRAMS

OPTI BASIC (AGES 7-11)

LEVEL 1: A CANSail accredited introduction to sailing an Optimist Dinghy. With two sailors per boat, children learn the fundamentals of sailing in a comfortable and fun environment. Focus on balance, steering, and making the boat move using the sail! Many games and activities for new sailors and those with limited sailing experience!

OPTI ADVANCED

LEVEL 2: (*Pre-req: Opti Basic*) A CANSail accredited course for advanced Optimist sailing. Children learn to sail by themselves! Young sailors become more independent and they continue to develop Opti Basic sailing skills while more advanced skills are gradually introduced, further building on the fundamentals of sailing. Fun activities and games help to solidify new skills!

CANSAIL BASIC (AGES 10+ YEARS)

LEVELS 1 & 2: An introductory course for new sailors or those with limited sailing experience. The course focuses on safety, balance, steering, sail trim, and seamanship. Beginner sailors will learn the fundamentals of sailing and how to work as a team with two sailors per boat. Activities and games are a big part of learning physical literacy for sailors! Sailed in club FJs and 420s.

CANSAIL ADVANCED

LEVELS 3 & 4: (*Pre-req: CANSail Basic or Opti Fast*) Sailors build on existing skills, working towards proficiency in a variety of conditions and situations. Sailors are introduced to advanced boat handling and beginner racing skills and rules. Sailors learn how to read the wind and waves, think tactically, and employ sportsmanship through on water games and activities. Sailed in club FJs and 420s.

CANFast

LEVEL 5: (*Pre-req: CANSail Advanced*) CANFast incorporates the higher level sailing skills. The focus is on integrating boat handling and fast sailing skills with fun. Centered around a training camp atmosphere, sailors will refine advanced sailing skills and learn tactics, strategy, racing basics, and regatta preparation.

OPTI BASIC (OB)

\$310

OB 1: June 29 – July 3

9am-4pm Mon-Fri

OB 1: July 6 - 10

OB 1: July 13 - 17

OB 1: July 20 - 24

OB 1: July 27 - 31

OB 1: August 3 - 7

OB 1: August 10 - 14

OB 1: August 17 - 21

OPTI ADVANCED (OA)

\$310

OB 1: June 29 – July 3

9am-4pm Mon-Fri

OB 1: July 6 - 10

OB 1: July 13 - 17

OB 1: July 20 - 24

OB 1: July 27 - 31

OB 1: August 3 - 7

OB 1: August 10 - 14

OB 1: August 17 - 21

CANSail BASIC Levels 1 & 2

\$560

CSB 1: June 29 - July 10

9am-4pm Mon-Fri

CSB 2: July 13 - 24

CSB 3: July 27 - August 7

CSB 4: August 10 - 21

CANSail ADVANCED Levels 3 & 4

\$580

CSA 1: June 29 - July 10

9am-4pm Mon-Fri

CSA 2: July 13 - 24

CSA 3: July 27 - August 7

CSA 4: August 10 - 21

CANFast Level 5

\$580

CF: August 10 - 21

SUMMER SAILING SCHOOL

REGISTRATION FOR SUMMER SAILING SCHOOL:

Registration forms can be downloaded from the club's webpage- simply go to snsyc.ca, find the 'School' tab and follow instructions there. Forms are also available at the club.

Drop off the completed registration form and payment at:

SNSYC

1949 Marine Way, North Saanich, BC

or Mail to:

Club Manager, SNSYC

PO Box 2521

Sidney, BC V8L 4B9

All courses are subject to a minimum enrollment. If placed on a waitlist, interest in enrollment is assumed. Should a vacancy arise, automatic enrollment in the course will take place. Please see the registration form for the cancellation policy.

SNSYC MEMBERSHIP

IS NOT REQUIRED.

EVERYONE IS WELCOME!

Courses are eligible for the Children's Fitness Tax Credit. All instructors are Sail Canada certified. SNSYC reserves the right to reassign sailors at the discretion of the instructor.

