

TEN MILE POINT/CADBORO BAY

This is a two-booter, mainly because of short bit between G and H on the map. There is a work around and several alternate routes if you don't feel up to doing the whole thing and doing something approaching a one-booter. The whole thing will take about 1.75 hours.

1. Park in the parking lot of the Cadboro-Gyro Park. Make your way down to the beach by crossing over the park to the perimeter at 'A'. There's a buried creek there running under a short pier leading out into the water; find your way on to the beach at this point. However, if the tide is well out you can always get on to the beach sooner – but you may have to paddle through the river!
2. Walk along the beach until you see a few steps at 'B', leading up to a short road. Walk up the road and turn right. At the end of the road you'll see a footpath leading up a short uppy bit that will take you up to Sea View Road. Turn right and follow Sea View along to its junction with Tudor Avenue at 'C'. Note that Sea View is a quiet and picturesque road but, because there are lots of blind corners, please keep to the left.
3. Note that Tudor Avenue has a sidewalk on the left that will take you around the 90 degree turn the road makes. Keeping to the left, walk up the hill until you come to a marked sign post for Konukson Park on the left at 'D' (in the winter the next part of the trail can be wet and muddy).
4. Once in the park, keep right at the first junction and carry straight on at the next one. At 'E', you'll see a trail running left along the fences of a number of houses. Once you reach a T-junction at 'F', turn right and carry straight on to a roadway at 'G'.
5. If you want to take a short cut, turn left at 'E' and follow the trail through to Sea Point Drive, turn left and in a short distance on the right you'll see a trail. Follow the red arrows. Alternatively, when you get to 'F', turn right at the T-junction and follow the red arrows.
6. At 'G', if you want an easier route, turn left and then right. Once you get to the road loop you'll see a flight of stairs leading up to the viewpoint. If you want to follow the more challenging route, turn right at 'G' and then left just past the barrier. Carry on down the hill, keeping left. You'll cross a bridge and then the trail starts to climb up a short, steep uppy bit. At the top, turn right and pick up the short trail to the great viewpoint at 'H'.
7. Once you retrace your steps down the short flight of stairs you'll see a trail just across the road leading through Wedgepoint Park. At Arbutus Road, turn left and, after 50 m, there's a trail on the left. Follow the trail through Arbutus Park. You will cross a road and at 'I' keep to the left. Once you come to the road keep straight on, crossing Tudor Avenue. There's a trail directly across Tudor Avenue. The trail leads downhill to Sea View Road. Turn right and **follow** the route back to the vehicles.